Bridging Classroom and Community

The UNL Center for Civic Engagement

Wednesday, October 19
11:45 am - 1:00 pm
East Campus Union, Room will be posted

This month’s featured speaker is Linda Moody, Assistant Director of the UNL Center for Civic Engagement. Linda will give an overview of this exciting new Center at UNL, providing service learning opportunities to UNL students. Learn about the Nebraska Campus Compact, a consortium of higher education institutions committed to providing experiences that engage students with the community and the new Civic Engagement Certificate Program.

The Center sponsors professional development activities that expose faculty, staff, and community partners to the “scholarship of engagement”. Linda will discuss ways UNL faculty & staff can volunteer their time and talents to better the campus community, including the Volunteer Income Tax Assistance program, service learning trips, and the Big Event.

More info on the Center web site:
http://engage.unl.edu/overview.shtml

Prioritize or Agonize!

There is still time to register for the October 18th Professional Development Workshop. Registration is due by Friday, October 14th.

Access a registration form on the UAAD web site: http://uaad.unl.edu/

Beth Giesbrecht, who presented a Project Management workshop last year, is returning once more to help us get our work done! This year’s workshop will focus on the essential skills of prioritization and time management. Plenty of resource material to take back to the office with you and we hear there will be drawings for free books!

Tuesday, October 18th
1:30 pm - 4:00 pm
Jackie Gaughan Center
Open to all faculty and staff
If you missed the general meeting in September, the program was ‘Intentional Networking’, and it was innovative and valuable! After each individual considered the significant people who support them in accomplishing the myriad job tasks assigned, these people were identified as contacts for creating success at UNL. The group then began a systematic approach, similar to speed dating, to share these contacts, as well as their own personal contact and department related information. Everyone came away from the meeting with at least four contacts to consult when they need to think outside of their departmental ‘box’.

In the State of the University address the Chancellor called on the campus to achieve the following goals in the next six years:

1. Increase enrollment to 30,000 and tenure track faculty to 1,300;
2. Achieve a 70 percent undergraduate six-year graduation rate;
3. Reach $300 million in total research expenditures; and
4. Double the number of faculty receiving national recognition and awards.

At the most recent Deans and Directors meeting, campus leaders have indicated these goals are achievable and these leaders are initiating momentum to move towards these goals. Since the success of the students is key to achieving these goals, we must send a clear message to the students that “We are glad you are here and we care.” Our daily responsibilities may not always bring us into direct contact with students, but we can creatively contribute to the positive student experience in many ways. I challenge you to think about how you can make a positive difference today. If you take up this challenge daily, you may find that you will transform not only a student’s experience, but yourself and UNL in the process!

If these goals are to be transformative for UNL it will require our collaborative efforts. UAAD is an organization poised to be a valuable tool in these efforts. We will not be able to meet these goals within the status quo. UAAD can provide the leadership, networking and professional development opportunities to shape the trajectory upon which these goals are met. We look forward to seeing you at our meetings and seminars. From there we can decide how we will personally contribute to the 2017 UNL campus and what that will look like!

~Deb Dahlke

RENEW YOUR UAAD MEMBERSHIP!
Membership notices have been sent out to members up for renewal this fall. Renew your membership today!
The membership application can be found at: http://uaad.unl.edu/membership Questions? Contact Jennifer Hellwege, Membership Chair, at 472-9004 or jhellwege2@unl.edu
**SUPPORT FOR “CLINIC WITH A HEART”**

Do you remember breathing a sigh of relief when your latest doctor bill arrived showing that you owed a balance of only $25 or $30?

Imagine if you did not have health insurance. The need for health care among Lancaster County’s low income and refugee populations has never been greater. Consider this:

- More than 20% of county residents do not have insurance.
- Since 2006, the percent of uninsured has grown by almost 7%

Founded in 2003, Clinic with a Heart offers free medical, dental, physical therapy, chiropractic, mental health and vision services with hospitality, dignity and grace to area residents.

For more information, visit http://www.clinicwithaheart.org/

At our October 19th meeting, UAAD will accept donations which will assist Clinic with a Heart to achieve its mission to offer free health care.

Suggested donation: $5. We recommend donations be made via check made payable to “UAAD” with “Clinic with a Heart” in the memo line.

Clinic with a Heart would also be happy to accept any of the following over the counter medications:

- Aspirin
- Ibuprofen
- Cough Syrups
- Antihistamines
- Allergy Medicine
- Anti fungal creams
- Heart burn medicine
- Acid reflux medicine
- Decongestants
- First-aid cream
- Bandages
- Diarrhea medicine
- Laxatives
- Lice medicine

2011-2012 Co-Chairs
Amy Lanham
alanham2@unl.edu
472-3467

Angi McAndrew
amcandrew3@unl.edu
472-6810

**WELLNESS IN OCTOBER**

**UNL Wellness Fair**
October 17 & 18

All faculty, staff, students and family members are welcome to stop by the UNL Wellness Fair. Receive health screenings, gather health information, get your flu shots, and blood work ups from UHC, and experience free chair massages and pet therapy! Events will be held at the City Campus Union Monday, October 17th from 7:30 am - 12:00 pm and East Campus Union Tuesday, October 18th from 7:30 am - 10:30 am.

**Breast Cancer Awareness**
October 21

UNL PINK-OUT and Walk at Work Day - in support of Breast Cancer Awareness. UNL Wellness has created “Team UNL Wellness” to support Breast Cancer Awareness. To join our team or donate to the walk (any donation accepted) go to http://makingstrides.acsevents.org

Under Donate or Find a Walker, search for the team UNL Wellness.

**Ghouls on the Run**
October 30

Another upcoming run/walk that should be tons of fun! Ghouls on the Run 5k or Monster Mile, 2pm at Holmes Lake. Costumes recommended. Open to all ages. Information at http://gotrnebraska.org/5k-info/
UAAD Member Spotlight

This month’s spotlight is shining on Cathy Jewell. She’s been at UNL for 13 years and it all began with UNL Campus Recreation. Cathy came on board as the Fitness & Wellness Services Coordinator. Last year she became the Assistant Director for Fitness, overseeing all the fitness programs at Campus Rec including the Strength and Conditioning areas, group fitness, personal training and specialty programs like Boot Camp, TNT and marathon training.

She and her husband will celebrate their 16th wedding anniversary in October and they have two children who have hit milestone birthdays this year, 13 and 10. Cathy is originally from Iowa but has lived in Lincoln since her undergraduate days at Nebraska Wesleyan.

As a member of UAAD for about ten years, Cathy finds the professional development and networking opportunities invaluable. She says, “These activities have helped me meet people I generally would not meet in my average work day. It has opened my eyes to the culture of the university.”

Words of Wisdom from Cathy:

You are what you think.
You are what you go for.
You are what you do!

50 YEARS STRONG

We’re putting out the call for your stories, photos, and memorabilia

February 15th is our Golden Founder’s Day Celebration & Annual Awards Ceremony

If you have memories or time and talent to share please contact the Founder’s Day coordinators:

Kate Engel
kengel3@unl.edu

Cathy Jewell
cjewell2@unl.edu

While you’re thinking about it start considering worthy nominees for these awards!

Curt Donaldson Award for Excellence in Management

Floyd S. Oldt Award for Exceptional Service and Dedication at UNL

http://uaad.unl.edu/awards

MULTI-TASKING IN THE ELECTRONIC SOCIETY

UNOPA Career Development Workshop - October 25

Now that the fall semester is underway, are you ready to find some time to focus on your own career development and work skills? UNOPA presents Ranelle Maltas, Technology Training Services Manager from UNL’s Information Services, to demonstrate how to use the latest technology tools to work better, smarter, and faster.

There are many tools available to work with others, such as Facebook, Twitter, and Adobe Connect, as well as Microsoft Office applications. Come learn how you can work together on a project, get answers to your questions, or share your ideas and have others comment on specific topics without calling a meeting.

Find out how you can all meet together from your office during the next blizzard or thunderstorm when you don’t want to walk across campus. You can even share your computer screen. Have a guest speaker from the other side of the world at your next class/meeting for free, with no travel. Share your Microsoft Office files or give a presentation online.

The workshop will be held on Tuesday, October 25 3-5pm in the East Campus Union.

The cost is only $10. Please register by October 18. You will find the registration form at http://unopa.unl.edu/