Happy Holidays!

Graze & Mingle
Wednesday, December 21
11:45 am - 1:00 pm
Valentino’s Buffet - 3457 Holdrege Street

Graze & Mingle is a chance to have fun & relax before the holiday season while getting to know your fellow UAAD members. Enjoy Valentino’s buffet & a drink for only $5. Please bring your $5 in cash to the program.

Enjoy a presentation by the University Health Center: “Simple Steps to a Healthier, Happier Life.” Learn how to beat holiday stress and eat nutritionally during the busy holiday season! University Health Center representatives will teach us stress busters, including deep breathing and simple yoga exercises, to help us lead healthier, happier lives. They will also give us easy-to-follow tips for how we can transform our eating habits and start making smarter food choices.

Annual Joint Meeting of UAAD & UNOPA
Wednesday January 18, 2012

11:45 am - 1:00 pm
City Campus Union
Speaker: Meg Lauerman
Director of University Communications
So quickly the Holidays are upon us, and the semester is about to end! Now is a good time to evaluate our progress towards the goals established at the beginning of the semester. Are we where we want to be? If yes, what worked well, and if no, what did not work?

It is from these honest assessments we can identify needed improvements or celebrate successes. This also allows us to evaluate the success of the tools UAAD has provided through monthly meetings and the professional development seminar in October.

I would love to hear about your successes with these tools or about suggested improvements for the next semester. Please send me an email (ddahlke2@unl.edu), and I will compile the comments for discussion at the January UAAD Board meeting, as we are very committed to provide our membership with the best!

Enjoy your holiday season and discover the enriching experience of giving!

~ Deb Dahlke

---

**Recognize Excellence!**

**Carl A. Donaldson Award & Floyd S. Oldt Award**

Nominations are due by February 1, 2012

UAAD is pleased to announce that we are accepting nominations for the 2012 Carlos A. Donaldson Award for Excellence in Management and the 2012 Floyd S. Oldt Award for Exceptional Service to the University.

These awards are presented annually to managerial/professional staff at the UAAD Annual Founder’s Day meeting. The award recipients each receive a plaque, a $1,000 stipend and a one-year membership to UAAD.

All nominees will be recognized at the Founder’s Day luncheon on February 15th. Nomination forms and criteria are available on the UAAD website at: [http://uaad.unl.edu/uaad-forms](http://uaad.unl.edu/uaad-forms)

Nomination materials are due by February 1, 2012

Keith Dawson
Awards Committee Co-Chair
472-8004 or kdawson2@unl.edu

---

**The Clock or The Compass?**

*First Things First, Stephen R. Covey*

- Appointments
  - Schedules
  - Goals
  - Activities

- Vision
  - Values
  - Principles
  - Conscience
  - Direction

---

The University of Nebraska–Lincoln is an equal opportunity educator and employer.
At the November UAAD meeting, members chose gift ornaments for Home Instead’s “Be a Santa to a Senior” gift giving campaign.

Gifts are to be dropped off to Amy Lanham (Campus Rec; city campus) or Angi McAndrew (BioChem; east campus) by Thursday, December 15th.

Please do not bring gifts to the December Graze & Mingle as it will be too late to deliver them.

If you missed the opportunity to donate a gift, please see The Home Instead website for ways that you can directly contribute: http://www.beasantatoasenior.com (start by entering your zip code)

Thank you for your generosity!

2011-2012 Co-Chairs
Amy Lanham
alanham2@unl.edu
472-3467
Angi McAndrew
amcandrew3@unl.edu
472-6810

February 15, 2012
Golden Founder’s Day Celebration
& Annual Awards Ceremony

If you have memories or time and talent to share please contact the Founder’s Day coordinators:

Kate Engel
kengel3@unl.edu
Cathy Jewell
cjewell2@unl.edu

The December spotlight is shining on Casadi Johnson, a Manager at Information Services Computer and Phone Shop. Casi has worked at UNL for ten years and been a member of UAAD for six years. She began with Telecommunications handling phone services for the dorms but as land-line use decreased and the use of cellular phones increased her responsibilities changed. Telecommunications has since merged with the Computer Shop, going from one small location to two stores.

Casi has been married to Joel, a firefighter in Lincoln, for seven years. They have two daughters - Adley and Haley - and are expecting a third girl in March! She loves to travel - amusement parks are her favorite destination. Casi also enjoys hiking and working in their vineyard.

During her six years with UAAD she has found that it’s a great way to meet people on campus. She likes the chance to share ideas, projects and experiences with other UAAD members.

Words of Wisdom from Casadi: “I believe if you lead with an open mind you will not only grow as an individual but you open the door to endless possibilities.”
The recipients of these awards will be honored at the Honors Convocation on April 22, 2012. Many persons within the UNL community are deserving of these recognitions, but they will only be considered if members of the academic community nominate them. Please make a special effort to share this information with others and encourage your colleagues to submit nominations.